



DISCOVER YOUR POTENTIAL!

Discovery Day will be your chance to try new activities and explore ALL the Kroc Center has to offer:

- Every 30 minutes, from 11 am until 2 pm, you can try a different activity. Complete your Discovery Day punch card and you could **WIN A PRIZE** – even a FREE 1 year membership.
- If you find an activity at Discovery Days that you'd like to try again, register for that class during Discovery Day and **SAVE \$5 OFF*** your class registration.
- **SPECIAL OFFER for Non-Members!** On Discovery Day, a new Kroc Center annual membership can be purchased for **\$0 registration fee** and **ONLY \$10 for the first month***. Encourage everyone you know to try the Kroc Center!

**Discovery Day Membership Special & Class Discount Details: \$0 registration fee and \$10 first month when you sign up for an Annual Membership with payment terms of paid in full or monthly EFT. \$5 discount off any registered Kroc Center class, discount does not apply to Drop-In Classes or Leagues. Offers valid Saturday, September 10, 2011 only 6am – 6pm.*



SATURDAY, 9/10
11am – 2pm
Fun for all ages & prizes, too!

NEW AFTER SCHOOL PROGRAM BEGINS SEPTEMBER 12TH

Make after school time safe and productive for your kids. The new Kroc Center After School Program will offer tutoring, fitness, computers, arts and more for children grades 1-6. It will run through the school year except for days when OPS is closed. The Program is free but space is limited and registration is required by calling Gina Ponce at 402-905-3580.

NEW REGISTERED CLASSES – STARTING IN SEPTEMBER

Registration Required – Special Rates for Members

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| 9/6 Weights for Women (ages 16+) | 9/15 Jewelry Making (ages 8-16) |
| 9/7 Weights for Women (ages 16+) | 9/17 Scrapbooking (ages 16+) |
| 9/6 Beginning Computer - English (ages 19+) | 9/13 Pottery (ages 10+) - Tuesdays |
| 9/7 Beginning Computer - Español (ages 19+) | 9/17 Pottery (ages 10+) - Saturdays |
| 9/7 Kroc Teen I.E. (ages 12-15) – Wednesdays | 9/17 Acting & Improv for Kids (ages 7-10) |
| 9/10 Kroc Teen I.E. (ages 12-15) – Saturdays | Acting & Improv for Kids (ages 11-13) |
| 9/12 Adventures in Art (ages 7-9) | 9/19 Youth Guitar (ages 8-18) |
| 9/12 Adventures in Art (ages 10-14) | 9/19 Youth Piano (ages 8-18) |
| 9/13 ESL – Level 1 (ages 19+) | |
| 9/13 ESL – Level 4 (ages 19+) | |



September Membership Special

A savings of up to \$75! Join the Kroc Center during September and get an annual membership for

\$0 REGISTRATION FEE and **50% OFF** the first month!

Membership Offer Details: \$0 registration fee and 50% off first month when you sign up for an Annual Membership with payment terms of paid in full or monthly EFT.

Tell Your Friends!



Zumbathon Saturday, October 1 • 10am - 1pm

Ages 16+ • \$10 per person

Ditch the workout, join the party! Have a blast, burn calories and join other Zumba® enthusiasts in this mega event.

UPCOMING EVENTS

Celebrate Family Night

Friday, Sept. 9 at 6pm
FREE movie & popcorn!
Featuring "Rio," from the makers of "Ice Age."

Discovery Day
Saturday, Sept. 10
11am-2pm

9/11 Remembrance Service
Sunday, Sept. 11
10:30am
Kroc Center Entrance

Café Kroc
Thursday, Sept. 22
5:30 - 8:30pm
Fellowship Hall
Sip coffee, meet friends and have fun!

River City Rodeo Heritage Parade
Saturday, Sept. 24
10am • Downtown Omaha
Look for Capt. Kroc and the Kroc Center Float!

Zumbathon
Saturday, Oct. 1
10am - 1pm
Ages 16+, \$10 per person

Next Swim Lesson Registration
Saturday, Oct. 1
10am - 4pm

SAVE THE DATE!
Pumpkin Patch Party
Monday, Oct. 31
5 - 7pm • Members: Free, Non-Members: \$5
Come in costume and celebrate Halloween

Join Us on Sundays!
10am.. Sunday School
11am.. Worship, English
1pm ... Worship, Spanish
Newcomers Welcome



STARTING IN SEPTEMBER – JUST FOR KIDS & TEENS

Take a break from studying and get involved at the Kroc Center. New activities start SOON! Please see the Fall/Winter Program Guide for details or visit www.OmahaKroc.org.

YOUTH ALIVE!

Youth Alive offers a fun way you to make friends and explore your interests. Youth Choir and Character Building are two programs that can be enjoyed together or separately. They are free but registration is required. Please note that dinner is included for those who participate in both Youth Choir and Character Building.



• Youth Choir:

Regardless of the level of your singing abilities, get involved with the Youth Choir and you'll get to sing in Christmas musical, *Psalty and the Calamity of Christmas* on December 13th. Weekly Choir practices begins on Tuesday, September 6 at 5pm.

• Character Building for Girls:

- › SUNBEAMS, grades 1-5 - A fun-filled program that helps girls develop socially, mentally and spiritually by learning to help others and respect nature.
- › GIRL GUARDS, grades 6-12 - A focus on teamwork and self sufficiency while exploring career and life choices.

• Character Building for Boys:

- › ADVENTURE CORPS EXPLORERS, grades 1-5 - Build physically, mentally and spiritually through a variety of challenging activities where emblems can be earned.
- › VENTURING, grades 6-12 - Education and development of character with the chance to earn emblems.

Character Building is every Tuesday at 6:30 pm. Please see the Program Guide for details. Call Joyce at 402-905-3522 to register - must register by September 10th.

ACTING & IMPROV FOR KIDS

Build confidence and learn teamwork with this high energy class that teaches the fundamentals of acting through a variety of fun activities and games. Sessions for ages groups 7-10 and 11-13. *Members \$35 // \$40 for Non-Members*

ADVENTURES IN ART

Experiment with your creative talents. A new art project every week! Classes for kids ages 7-9 and 10-14. *Members Free // \$20 Non-Members*

GROUP MUSIC LESSONS

Learn to play the guitar or piano with your choice of beginning or intermediate lessons. There will even be a concert at the end of the lesson series! Open to kids 8-18. *\$35 Members // \$40 Non-Members*

JEWELRY MAKING

Literally make a fashion statement! Learn how to string and design necklaces and bracelets. Materials are included.

\$10 Members // \$15 Non-Members

KROC TEEN I.E

Kroc Teen I.E. is a safe introduction to strength training and use of cardio equipment for ages 12-15. Teens who complete this class may utilize the Fitness Deck at their convenience.

\$25 Members // \$35 Non-Members

POTTERY

Get messy in a good way! Learn how to hand-build pottery and advance to throwing on the wheel. *\$35 Members // \$40 Non-Members*

NOW Available!

Check out the NEW Monthly DROP-IN Schedule & Fall/Winter PROGRAM GUIDE

FREE TO MEMBERS DROP-IN ACTIVITIES

KIDS, TEENS and ADULTS

- Cadet Boot Camp, *Ages 8+*
- Game Room
- Hip Hop Hustle®, *Ages 8+*
- KidzRide, *Ages 8-15*
- Open Art Studio, *Ages 10+*
- Open Computer Lab, *Ages 8+*
- Open Gym & Sports Fields
- Open Swim
- Wii Kroc Kids
- Zumbatomic®

TEENS

- Pick-Up Basketball, Volleyball, Soccer

ADULTS

- Aqua-Circuit
- Aquacize
- Aqua-Joints
- Beginning Step
- Boot Camp
- Drop-in Soccer
- Ease-In Aerobics
- Functional Fitness Club, *Ages 50+*
- Fundamental Yoga
- Group Cycle
- Hip Hop Hustle®
- Hydro-Pump
- Kroc Center Senior Games
- Lunch Hour Pick-Up: Soccer, Basketball, Volleyball
- Seniors Pickup Basketball, *Ages 50+*
- Step Aerobics
- Strength & Stretch
- Sunrise Splash
- TurboKick®
- Walking Club, *Ages 50+*
- Zumba®
- Zumba® Toning

WORSHIP ACTIVITIES

FREE & open to the public

- Bible Study, *English & Spanish*
- Men's Fellowship
- Women's Ministry
- Sunday Worship

Check the Drop-In Schedule or www.OmahaKroc.org for days/times.

Motivated by love for God and mankind, The Salvation Army Ray and Joan Kroc Corps Community Center provides positive, life changing experiences for all who enter our doors of opportunity. For information on how you can enjoy the Kroc Center's programs and our state-of-the-art facility, please visit www.OmahaKroc.org.